

## 2013 Waukesha County Annual Family Caregiver Conference

*Empowering Caregivers Through The Seasons Of Change*

Friday, September 6, 2013

WCTC – RTA Education Center



### AGENDA FOR THE DAY

- 8:30-9:20 am**      **Registration/Exhibits**
- 9:20-9:30 am**      **Welcome - Laura Kleber, ADRC Manager**
- 9:30-10:30 am**      **Financial Management – Critical Conversations**  
Barbara Horstmeyer, CSA, GCM, Senior Planning Group, Inc.
- The Priority of Self – Loving Yourself to Love Others**  
Reverend Russell Hurst, Chaplain, VITAS Innovative Hospice Care®
- 10:30-11:00 am**      **Visit Exhibits**
- 11:00-12:00 am**      **Care Management – Compassionate Teamwork**  
Miriam Oliensis-Torres, MSW, LCSW, C-ASWCM, Clinical Director,  
Stowell Associates
- Recipe for Healing – Tear Soup**  
Pete Reinl, Director, Grief Support Services, Church & Chapel and  
Sandra Wolf, RNC, MSN, CT, Bereavement Coordinator, Froedtert  
Hospital
- 12:00-1:00 pm**      **Lunch**  
**Music** - Robin Wohlfeil, BSN-RN, BA-Music, Classical Guitarist
- 1:00-1:45 pm**      **Ins and Outs of VA Benefits**  
Tom Ludka, Veterans' Service Officer, Waukesha County
- Seasons of Song – Utilizing Music in Caregiving**  
Nancy Dexter-Schabow, MMT, MT-BC, WMTR, Music Therapist
- 1:45-2:00 pm**      **Stretch Break**
- 2:00-3:00 pm**      **Keynote Speaker**  
**How Caregivers Cope – It Wasn't Supposed to be this Way**  
Lynda Markut, MS, Education & Family Support Coordinator,  
Alzheimer's Association, Southeastern Wisconsin Chapter
- 3:00-3:15 pm**      **Closing – Evaluation and Attendance Gift**

~ REGISTRATION FORM IS ON THE BACK OF THIS ANNOUNCEMENT ~

**Please complete the registration form below:**

A donation of \$15 for family/professional caregivers is requested to cover workshops, luncheon, and conference materials.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email (Optional) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ Telephone \_\_\_\_\_

**Demographic information given below is required for Grant reporting purposes:**

Female  Male  Date of Birth \_\_\_\_\_

Race: White  Black/African American  American Indian/Nat. Alaskan  Asian   
Native Hawaiian/Other Pacific Islander

Ethnicity: Hispanic  Non-Hispanic

Is the Income of Caregiver below \$ 931 if single or \$1261 if a couple: Yes  No

Person you are caring for: Spouse  Parent  Family Member  Friend  Employer

Date of birth for the person you are caring for: \_\_\_\_\_

Hours you are caregiving per week: Less than 10 hours  10-24 hours  More than 24 hours

Medical Diagnosis of one you are caring for: \_\_\_\_\_

**\*Respite Care may be available for Waukesha County residents over the age of 60.**  
*Arrangements must be made through the Aging and Disability Resource Center by Friday, August 23<sup>rd</sup>, please call (262) 548-7835.*

**Please check the sessions you wish to attend:**

**Session A:** Financial Management  The Priority of Self

**Session B:** Care Management  Recipe for Healing

**Session C:** VA Benefits  Seasons of Song

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Advance Registration Is Required.  
Deadline: Friday, August 30, 2013

**Return Registration and Donation of \$15 to:**

Aging and Disability Resource Center of Waukesha County  
500 Riverview Avenue  
Waukesha, WI 53188

If you have any questions, please call (262) 548-7848.

***This conference was made possible through funding by the Older Americans Act Title III E  
National Family Caregiver Support Program.***

